

## Toxic Chemical Cheat Sheet

This list is to be used for all substances in your home i.e food, drink, skin/hair care, cleaners etc. These chemical have been verified by the EPA or Material Safety Data Sheet (MSDS) as hazardous or cancerous. This is list is growing daily. Check the website for updated cheat sheet. You can go to google, type in the chemical name then MSDS science lab. Then you can read the report and make your own decisions. Be your own health advocate.

1,4-dioxane	Flavor (s), Flavoring(s)	Polyethylene oxide (PEO)
2,4-dione	<b>Formaldehyde</b>	Potassium Bromate
5,5-dimethylimidazolidine	Fragrance	Potassium Coco Hydrolyzed Collagen
Acesulfame K, Ace K,	Glutamate	Propane (any)
Acid Ammonium Carbonate	Glutamic Acid	<b>Propylene Glycol (PG)</b>
Alcohol (Isopropyl) & SD-40	Glycol Ethers	Protease enzymes
<b>Ammonium Laureth/ Lauryl Sulfate (ALS)</b>	<b>Go Lite drink</b>	PVP/VA Copolymer
AMMONIUM's Bicarbonate or Hydrogen	<b>Guarana</b>	Quaternium-7, 15, 31, 60, etc
Aniline	<b>Hexametaphosphate</b>	Saccharin, 954
Anionic Surfactants	High Fructose Corn Syrup	Silica
Antibacterials	Hydrolyzed (anything)	Silicone derived emollients
Anything protein fortified	<b>Imidazolidinyl urea</b>	Sodium Caseinate
Artificial Coloring	Iodopropynyl	Sodium Cocoyl Sarcosinate
Asept	Isobutane	Sodium dioctyl sulfosuccinate
Aspartame	Isothiazolinone	Sodium Hexametaphosphate
Autolyzed (anything)	Lanolin	Sodium Hydroxide
Azodicarbonamide	Lauryl dimonium hydrolysed collagen	Sodium Hydroxymethylglycinate
Barley malt	Lead	<b>Sodium Laureth Sulfate (SLES)</b>
Benzalkonium chloride	Liquidum Paraffinum	<b>Sodium Lauryl Sarcosinate</b>
Benzene	Malt extract or flavoring	<b>Sodium Lauryl Sulfate (SLS)</b>
Benzoic acid, 210, 211,219	Maltodextrin	Sodium Methyl Cocoyl Taurate
BHA 320, Butylated Hydroxyanisole	MEA -Monoethanolamine	Soy protein concentrate
BHT 321, Butylated Hydroxytoluene	Medilave	Soy protein isolate
Bisphenol-A (BPA)	<b>Mercury</b>	Soy sauce extract
Bouillon and Broth	Methanol	Spices, Seasoning
Brominated vegetable oil (BVO)	Methyl PGME	Splenda
Bronopol <i>anything</i>	Methyl DEGBE, DPGME	Stearalkonium Chloride
Butylcarbamate	Methyl EGPE, EGME, EGEE	Stock
Butylene Glycol	Methylpropane	Succinic acid
Caffeine unless organic & fermented	<b>Mineral Oil</b>	Sucralose
Calcium Caseinate	<b>Miralax</b>	Sugar (chemicalized white processed sugar)
Carbomer	Monoammonium Salt & Carbonate	Sulfites
Carrageenan	<b>Monopotassium Glutamate</b>	Sulphur dioxide
Cationic Surfactants /Ammoniums	<b>Monosodium Glutamate MSG-622</b>	Sunette
Cepacol, ceprim, cepacol chloride	Natrium Glutamate	Sweet 'N Low , Sweet n Safe, Sweet One
Cetafilm, cetanium	Natural beef flavoring	Talc
Cetareths	Natural Beef or Chicken	Tartrazine 102
Cetrimonium Chloride	Natural chicken flavoring	TEA Triethanolamine Laureth Sulfate
Cetylpyridinium chloride or bromide	Natural flavor(s) & flavoring(s)	Tetrasodium Pyrophosphate (EDTA)
Chloromethylisothiazolin	Natural pork flavoring	Textured Protein
Chlorine	Neotame	<b>TBHQ</b>
Coal Tars	Nitrite / Nitrate	<b>Titanium dioxide</b>
Cocoamidopropyl Betaine	NutraSweet	Toluene
Cocoyl Sarcosine	Olestra	Triclosan
DEA- diethanolamine	<b>Paraben (methyl, propyl, butyl, ethyl)</b>	Ultra-pasteurized Soy sauce
<b>Diazolidinyl Urea</b>	<b>Paraffin wax or oil</b>	<b>Urea (Imidazolidinyl)</b>
Dioctyl sodium sulfosuccinate	<b>Partially Hydrogenated veg. oils</b>	<b>Vaseline</b>
Dioxins	Pectin Soy protein	Whey protein concentrate
Disodium Dioctyl Sulfosuccinate	<b>PEG</b>	Whey protein isolate
Disodium Laureth Sulfosuccinate	<b>Petrolatum / jelly</b>	Whey protein Protease
Disodium Oleamide Sulfosuccinate	Phenol	Yeast; Extract, Food, Nutrient
<b>DMDM Hydantoin</b>	Phenylenediamine (PPD)	
Dobendan	Phenylketonuria (PKU)	
EDTA	Phthalates DBP, DMP, DEP	
Enzymes anything Seasonings (the word "seasoning")	Plant Protein Extract	
Equal	Poloxamer 407	
Ercocet	<b>Polyethylene Glycol (PEG)</b>	
		See <b>Living Balanced Book</b> for a complete Toxic Chemicals List and complete descriptions of hazards. <b>LivingAnointed.com</b>