

Dear Friends,

I am pleased to share an important advancement for naturally regenerating tissues of the human body. There is a new procedure being done in Utah called **PRP-F, Frankincense Injections**. The procedure has been used to regenerate knees and treat degenerative arthritis in any joint in the body.

D. Gary Young, N.D., the founder of Young Living used this technique on his neck and spine to reduce the pain caused by bone spurs (osteophytes) pressing on his spine and disc degeneration. The condition was so severe that the doctors felt he would be confined to a wheelchair. However, five weeks after a series of injections, the improvement was dramatic that the bone spurs had reduced and were no longer pressing on his spine and so much more. See the full story is below. While I was just in Ecuador, I was able to witness this procedure on a 65 year old women who broke her back. She was up waking and sitting in 6 days.

We are pleased to let you know this procedure being offered in Utah. I hope you will take the time to consider the incredible impact this may have into your life or the life of someone around you that may be suffering. Please share this with others.

## **Platelet Rich Plasma Frankincense (PRP-F) Injections Now available in Utah**

**Gary Young's Testimony-** Gary Young was paralyzed from a logging accident in 1973. At the time he had 16 broken/fractured vertebrae and 11 ruptured discs. He was told he would never walk again, through the use of natural therapies he was able to regain his mobility. Over the years, his vertebrae started growing bone spurs (osteophytes), which began pressing on his spinal nerve and creating intense pain. In 2009, he was once again faced with the prognosis that he would be wheelchair-bound within 6 months. On March 15, 2010, before an audience of over 300 people, in Toronto,

Ontario, Gary showed us his x-rays and MRI's demonstrating how the osteophytes were beginning to press on his spinal nerve. His story continues reporting that after weeks of debilitating pain, Gary woke up at 2:10am one morning and was "shown" how to help himself. As a result of that insight, he took his blood, separated out the platelets/red blood cells, mixed his blood with frankincense oil, and then injected this blood/frankincense mix back into the site of pain (using 17 injections along his spine and neck). Within days he was able to get up out of bed and back to his extremely active life. He also showed us MRI's and X-rays 5 weeks after this procedure and the dramatic improvement had occurred. He showed us the follow-up x-rays, where the osteophytes had reduced and were no longer pressing on his spinal nerves; the height of the discs had grown approximately 10% and other positive changes. Gary has been pain free since.

**What is Platelet Rich Plasma- Frankincense Therapy (PRP-F)?** PRP stands for 'Platelet Rich Plasma' and is commonly referred as Prolotherapy. In order to extract the individual's plasma, the person's whole blood is placed in a centrifuge in order to remove the red blood cells and concentrate the protein-rich platelets. The proteins that blood platelets contain are the ones that directly trigger tissue regeneration and healing when they are released. When the PRP is injected directly into damaged tissue it reverses the damage caused by trauma or overuse. Adding a small amount of pure, sterile Frankincense oil appears to accelerate and strengthen the healing effect.

### **What does PRP- F Treat?**

- \* Degenerative Arthritis in any joint in the body
- \* Sports/Overuse Injuries - Tendon, Ligament or Muscle Pain anywhere in the body
- \* Back/Neck Pain from Trauma or Overuse

### **PRP-F is NOT intended for:**

- \* Nerve Pain
- \* Fibromyalgia
- \* Cancer Pain
- \* Autoimmune Diseases (Rheumatoid Arthritis, Lupus, etc.)

### **Does PRP-F hurt? Is anesthetic used? How will I feel after the procedure?**

The procedure is certainly not pleasurable, but it is tolerable. If you are nervous about injections, we offer nitrous oxide ('laughing gas'), just like at a dentist's office. This is what we do: A local anesthetic is injected into the specific area. After the anesthetic takes effect, the PRP-F is injected into the damaged tissue. When the anesthetic wears off, you will experience soreness that usually is gone within one or two days.

### **How can I know the injections are accurate?**

Most injections are performed using ultrasound guidance so we can see the tip of the needle and the fluid enter the exact problem area.

### **Is PRP-F Legal? Is it considered an experimental procedure? what will my doctor say if I ask him/her?**

Yes, it is legal. PRP is becoming known among more and more doctors. It is considered experimental, but is recognized as safe. PRP-F is virtually unheard of and most likely, any doctor you ask will advise you against pursuing it simply due to the fact that they have never heard of it.

**What conditions would prevent me from having treatments?** Cancer, pregnancy, autoimmune disease, and severe mental illness/developmental disorders.

**Who injects the PRP-F?** Harry Adelson, ND(dixie@docereclinics.com) has been performing regenerative injection therapies such as prolotherapy for twelve years, PRP for six years, and PRP-F for nearly two years. He has lectured on these therapies and taught around the world. Please visit there website to read more about him (www.docereclinics.com).

**Does insurance cover PRP-F?** No

### **What is the cost of treatment?**

Initial consultation \$150

Neck or Back \$650

Shoulder or Hip \$550

Elbow/Knee/Wrist/Hand/Ankle/Foot \$450

If more than one area is being treated, the first most expensive area is charged in full, and then each additional area is treated at 50% the listed price.

### **Examples:**

Neck and back  $\$650 + \$325 = \$975$

Back and knee  $\$650 + \$225 = \$875$

Both shoulders  $\$550 + \$225 = \$775$

### **How do I make an appointment?**

Please either call or email Dixie and she will get you set up.

### **Where is the clinic?**

Docere Clinics (www.docereclinics.com)

Regenerative Pain Medicine

2720 Homestead Road, Park City, Utah 84060

[801-582-3260](tel:801-582-3260)

[dixie@docereclinics.com](mailto:dixie@docereclinics.com)