

## Stacey Kimbrell –Speaking Resume

6/08-Current

### **“Living Balanced Book”**

A self published book on healing your body naturally through whole food nutrition, eliminating your diet of toxic chemicals and Young Living Essential Oils products.

#### **Living Balanced Books Located at;**

Life Smart Health Food Store Utica, MI.

JAMES WODA D.C. in Dearborn Heights, Michigan.

Simple Times Market in Grand Blanc, Michigan.

Dairy Delight in Hollow, Michigan.

The Temple in Canton, Michigan.

Various Library's

2/08-Current

### **Living Healthy in a Toxic World, New Life Chiropractic Center Flint, MI.**

Weekly class taught on a variety of health topics.

Our bodies are constantly being exposed to toxins from so many different sources. You will learn what toxins are and where they originate and is the vital first step to eliminate them. Stacy Kimbrell, our wonderful Distributor who has passionately done much research on the toxins of today, will present this program. Learn about the programs Young Living has developed to help keep us healthy.

11/07-Current

### **Apprenticeship under Nathan Peachey, D.N.M.**

Dr. Peachey comes to us from Mifflintown, PA., where he has his own natural healing clinic. Dr. Peachey has been working with Young Living Essential Oils for more then 12 years with incredible success.

He also uses Electrical Interstitial Scans (EIS) which evaluates the body through the use of electrodes on the hands, feet, and temples. With an amazing 95% clinical accuracy, The EIS reports are generated and detail the balances and or imbalances status of all of the bodies systems - via heart, kidney, brain, lungs, skeletal, pH, hormonal levels etc.

<http://livinganointed.com/events.html>

11/08-on-going



### **Toxic Free Cleaning Party Flint, MI.**

"Cleaning Toxic Free", it is very easy and cost effective to clean this way! I hope that you choose to change to a safe alternative.

Please don't feel continue to use your hazardous chemicals, either return

them or toss them. Don't continue to poison yourself and family! You can return an item to the store you purchased it at and you don't even if have to have a receipt. If there is a "Satisfaction Guarantee" you can call the company and they will send your money back. \* Please do not be fooled by Green, natural, organic products, you still have to read your labels. **Flint Journal Newspaper article**

[http://www.mlive.com/flintjournal/index.ssf/2008/11/flintarea\\_households\\_kicking\\_t.html#post](http://www.mlive.com/flintjournal/index.ssf/2008/11/flintarea_households_kicking_t.html#post)

11/09



**How do I protect my family against the H1N1, illness, disease, and chemical laden foods?** **Stacey Kimbrell** will be speaking on how to gain the knowledge of what chemicals can be found in your everyday family products, so you can make educated decisions when shopping. Learn how to be responsible for what you eat and how to take care of your body, while working towards an overall healthy body, mind, and spirit. **"Eat to live, not live to eat."** *It is possible to restore your health!*

10/09

**Red Hats Society** Rochester Hills, MI  
Learn how to improve: Weight control, MS, Blood Pressure, Sinus, Depression, Prostrate, Learning Disabilities, Migraines, Fatigue, Behavior issues, Cholesterol, Diabetes, Pain, improve Eyesight, Cancer, Health and Well-being. Become aware of what Chemicals are really in our products and their direct link to our health problems. Learn how *Young Living Therapeutic Grade A Essential Oils* are unadulterated, and approved by the FDA for internal use, as well as topically and inhalation. Safe for pets and children while providing ongoing support for your health.

8/09

**Saline High School Foot Ball Team** Saline, MI.  
Teach on the hazards in your everyday products, so that your future as a football star or any other profession will result in good health and happiness. **This is what it comes down to. YOU need oxygen and nutrition** for your cells to function properly and reproduce healthy cells over and over. This affects your brain, nerves (communication center for the entire body), organs, hormones, emotions, eyes, mineral & vitamin absorption, muscles, tendons, and ligaments.

8/09

**Mexico City Tour** Mexico City, MEX  
Accompany by a Spanish interpreter taught from my book "Living Balanced"

8/09

**Mott Community College** Flint, MI  
Speaker for an introductory to psychology class teaching how the chemicals in our food, drinks and skincare have negative affects on our body. It was a great opportunity to teach how to look at the diet before you prescribe a medication for a chemical (MSG)/food behavior issue. Are you aware that some professionals are diagnosing Bipolar Disease at age 3.5years old. According to the National Center for Health Statistics Centers an estimated 4.6 million children 3-17 years of age (8%) had a learning disability

6/09

**Southern California Tour**  
Don't let a LACK OF KNOWLEDGE destroy your health!

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|------------------------|--|
| June 22 - Carlsbad     | Health & Wellness vs. Our Toxic Lives          |
| June 22 - Orange Co.   | KOCI 101.5fm Radio Show                        |
| June 24 - Long Beach   | Health & Wellness vs. Our Toxic Lives          |
| June 25 - Santa Monica | Health & Wellness vs. Our Toxic Lives          |
| June 25 - Santa Monica | Hands on Raindrop Therapy Class                |
| June 26 - Burbank      | Health & Wellness vs. Our Toxic Lives          |
| June 29 - Perris       | Biblical Health & Wellness vs. Our Toxic Lives |

Teaching how chemicals affect our health and wellbeing through inhalation, ingestion and absorption through the skin. Learn how to heal your body naturally, through eliminating Toxic Chemicals, eating Whole Food Nutrition, Young Living Therapeutic Grade A Essential Oils and NingXia Red. Learn how improved health starts with making wise decisions, increasing your awareness of what is really in our everyday products, and how to take care of your body. Working towards a healthy body, mind, and spirit. Stacey worked in the Medical field for over 13 years.

6/09

**Secrets to a Healthy Family Conference** Birch Run, MI

Stacey Kimbrell ~ Toxins: What do we do now? How do we protect our family? The author of Living Balanced is back to share on our Toxic Lives. She will enlighten us on the diseases that are directly related to the toxins readily available in our own homes. She will help you to understand the toxins that surround us, what we can do to protect ourselves as well as our loved ones from this deadly assault. She will take you on a journey that will lead to better health & an understanding of how to repair the damage!

2/09

**Mothers Own Birthing Center**, Temperance, MI. **Living Healthy in Today's World.** I was so excited to start my family 13 years ago. Unaware of what today's food, drinks, body care and cleaning products had to offer us. Come learn how to keep your unborn child, children and family safe and healthy. I will teach on chemical awareness, whole food nutrition and natural remedies to heal your body and maintain your health.

1/09

**2 Day Health and Wellness Workshop**, Rose City, Michigan.

Introduction to Young Living Oils, product training, how to get toxic chemicals out of your body, and restore your health and wellbeing.

1/09



Michigan Association of Service Coordinators

**Holistic Nutrition Teacher & Life Coach** Madison Heights, MI

“Trends in Nutrition: What the Labels Don’t Tell You” Educate our seniors to choose non toxic products, how to eat to improve there health, clean their home, and use healthy skincare inexpensively and toxic chemical free.

12/08

**“Living Balanced” book signing and speaking on Toxic Chemicals** - Life Smart Foods, Utica, Michigan.

Come and join us as Author of “Living Balanced”, Stacey Kimbrell exposes TOXINS! We've all heard about toxins, and know we should avoid them. We are all worried about toxic mold, super viruses, and MRSA infections. Are they REALLY in your home? Do they REALLY affect everybody? What can we do about the overload of toxins? Do you realize that we ingest more toxins in a day than our great grandparents used in a lifetime? How is that affecting our health?

[www.lifesmartfoods.com](http://www.lifesmartfoods.com)

12/08

**Macomb Community College, Clinton Twp, Michigan.**

Speaker for an Introductory to Psychology class, teaching how the chemicals in our food, drinks and skincare have negative affects to our body. It was a great opportunity teaching to look at the diet before you prescribe a medication for a chemical (MSG)/food behavior issue. Are you aware that some professionals are diagnosing Bipolar Disease at age 3.5years old?

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11/08

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Is that possible? According to the National Center for Health Statistics Centers an estimated 3.3 million children (6%) had Attention Deficit Disorder (ADD).

An estimated 4.6 million children 3-17 years of age (8%) had a learning disability (LD), and an estimated 3.3 million children (6%) had Attention Deficit Disorder (ADD). The percent of boys with LD was almost double that for girls, and the percent of boys with ADD was more than triple, of that for girls?

CDC: National Center for Health statistics

<http://www.cdc.gov/nchs/fastats/children.html>

How many professionals are suggesting that parents change their child's diet? Most just offer medications to help CONTROL our children. Please know there are natural modalities that can be used and diet has extremely important role. This was a great opportunity to educate students on how chemicals can affect us. Hopefully, they will think twice and look at the diet first.

11/08

**Stepping Up & Out Health Conference,**



a 2-day event in Flushing, MI.

You will learn from successful Leaders in your community on how to prevent illness, maintain a health body, and cleanse your body and home of hazardous chemicals that

affect your daily health. Hear from Doctors ~ Naturopathic & Allopathic alike who use Young Living Essential Oils & Products in their practice. When you leave you will feel ready to "Step Up & Out" with a new inspiration to Change the World.

Speaker Stacey Kimbrell (Session 2 ~ 9:30am-12:00pm) The author of "Living Balanced" will share on our Toxic Lives. Stacey has spent over 14 months, researching chemicals and their affect our health and wellbeing through inhalation, ingestion and absorption through the skin. She will enlighten us on the diseases that are directly related to the toxins in our own homes, and surround us and what we can do to protect ourselves, as well as our loved ones from this deadly assault on our health and bodies.

- 6/08, 9/08 & 11/08 **Raindrop Workshop**, with Young Living Essential Oils.  
The Raindrop Technique is a method of using Vita Flex, reflexology, massage techniques, etc., and essential oils applied on various locations of the body to bring it structural and electrical alignment. It is designed to bring balance to the body with its relaxing and mild application. It will help align the energy centers of the body and release them if blocked, without using hard pressure or trying to force the body.
- 9/08 **Deidre Currie Health Festival**, Ann Arbor, Michigan.  
Health Festival geared towards Children's Gut Health, Wise Nutrition, Dirty Secrets of the Food Industry, Nutritional Approaches to Dyslexia, Autism, ADD, Cancer and Heart Disease. <http://www.deidrecurriefestival.com/index.html>
- 10/07 **MOPS** (Mothers of Preschoolers) Grand Blanc, Michigan.  
Stacey enlightens concerned mothers how to clean their house and children's toys toxic free. How our SAD Standard American Diet affects our health.